



AUGUST 2006

Q MAGAZINE

## This Issue:

Q Cosmetic,  
Q Movies, Q Whispers,  
Q Comment, Q Culture,  
Q Music, Q Says,  
Q Fitness, Q Focus,

6 pages of pics and much more.

*Gay Wedding Special - Interview and Pictures.  
In a Q! exclusive - two men tell us why they tied the knot.  
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### q comment: JOY TO THE WORLD

As you may or may not know, the first job I got when I arrived in Melbourne was as a Sales Rep at the [then] ONLY Gay and Lesbian Radio Station - JOY Melbourne. Throughout the period of applying for a full time license to this day, I am still a contract sales person - handling clients such as the Medical Aesthetic and Laser Clinic, Alexanders Removals and Storage, The Laird Hotel, The Peel Hotel, Melbourne Festival, and anyone who chooses to book their ads through me on the station [call me directly on the number to the right]. Radio is my first love and I have been in the media for 23 years. I am extremely proud to be part of the JOY team.

That takes me to JOY Melbourne's current fundraising push for a mammoth \$500 000 - new studios, new offices - essential purchases to ensure the continuation of this vital electronic media resource for the GLBTI community of Australia.

The most basic way for you to support the station is by becoming a member - it is very affordable [including the discounted option for people not in employment]



and is one of the stations major income streams. The other way is by making a tax deductible donation. You can do this anytime by contacting the office/studio on (03) 96992949 or by going to joy.org.au and following the links. You really won't be disappointed and your support will be truly appreciated.

This month is also my 40th Birthday. I am happy and feel fortunate to be able to celebrate such a milestone in life. I sincerely thank my close circle of friends who have always been there for me and for my wider circle of acquaintances and business associates for their support over the time I have lived in this wonderful city.



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# q feature: LOVE AND MARRIAGE

Perched high in a Villa on the 30th floor of the Crown Towers, I met the “newly weds” in their suite for a bite of lunch and a chat. I started by asking Darren how the two of them met.



We met at [what was then called] 3 faces, he was on holidays, propped up at the end of the bar with a vodka and did the whole “Oh Hello” and started chatting to me. I kind of tried to run away. I told people it was like Bob Hoskins in Roger Rabbit, cause he was wearing a vest – looking really out of place – and I remember the first thing I said to him was “where are you from” and he said “I’m from Scotland, I’m not English” and I said “That’s obvious, but where are you from. . . Glasgow?” . . . and then we started chatting. I made an excuse to go home and he said “I’ll come with you” [not being very good at taking a hint].

**14 years later, and the current Australian Government not allowing Gay unions. Tom what are your thoughts on the matter?**

I can understand why people get upset with the terminology marriage with it’s religious connotations and I’m not an advocate for gay marriage as such, I’m an advocate for Governments to recognise partnerships – be they homosexual, heterosexual or whatever – and I see that as the Government’s

job. They should recognise couples and couples’ rights - if they then go along and get “married” in a Church that’s fine, but the Government should treat all citizens the same. So it’s the terminology we seem to have a problem with at the moment and unfortunately there are quite a few people within the Gay community who insist on getting the right to marry – and a lot of that has to do with adoption etc. – but with those subjects it’s no wonder we’re not getting anywhere. Darren – On the same point though, it’s ok for two heterosexuals to marry outside of the Church – so on the one hand they are saying it is all to do with religion but they’re allowing heterosexual couples with no forms of traditions involved.

**So you have already done the union part?**

Tom - We went to the British Consulate and they gave us a certificate which means in Britain we are officially recognised as a Civil Partnership and then tonight we celebrate with friends and family.

**Is that recognised in Australia?**

Tom - No! Darren - As soon as we left the British Consulate, we became Tom and Darren again. It is however recognised in Canada, Spain, Greece, Holland, Denmark, Sweden and other countries. Tom - We decided to do this months ago [on our 14th Anniversary]. Subsequent to deciding that, the Government did the A.C.T. thing, so it’s become a news topic, but we certainly didn’t do it for that reason. I get annoyed at the simple reason that John Howard [as much as I am a staunch Liberal voter] seems to think that his love for his wife is somehow more important than my love for Darren. Darren – And to say that it is a lowering somehow of our morals. We’re allowed to have sex - heaven forbid we commit to each other and have a monogamous relationship. . . society is saying to us just sleep around and do whatever you like but don’t try to be like us and have a committed relationship. . . and what message is that sending to young Gay people?



**After 14 years why now?**

Darren – because we can. Tom – We saw Sir Elton John doing it, we thought one day when we go back to Britain we’ll do that, but then we heard we could do it here – and regardless of what happens on the political landscape in Britain, if a future Government decided to repeal the legislation, I doubt they would make it retrospective. Darren – It’s worth noting that the whole civil partnership thing was literally a piece of paper that you sign to say that you’re a partnership – it’s a legal document, there’s no ceremony, there’s no pledge, there’s nothing like that – so it’s not like they’re saying here is every tradition thrown on a plate for you as well – it probably has a long way to go to be equal, but at least they’re recognising that we want to make a commitment to each other – which is more than our present Government here is doing.



**Would you recommend this to other Gay couples?**

Tom – Having gone through the process in the last month or two – as much as I was very sceptical before hand – I would thoroughly recommend it. But I wouldn’t recommend it for people in a new relationship. The timing was perfect for us. If you look at heterosexual marriage where they get married after six months of knowing each other and 2 years later they are getting a divorce. I think it does take time to get to know someone – so it isn’t something everyone should rush into. For us it just feels right!



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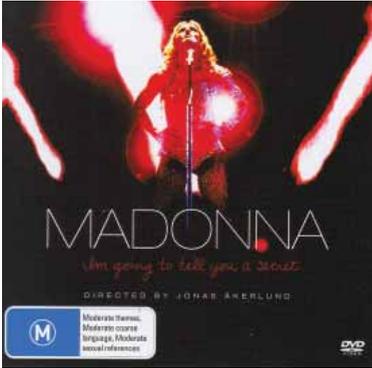
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# q music: MUSIC FOR LIFE



## Madonna

From Warner Music and the woman herself comes a 2 disc DVD / CD combination "I'm Going to Tell You a Secret". Apart from simply the greatest music you will hear, it includes 16 minutes of never-before-seen footage from her tour and - in her first live CD - 14 songs from the 2004 re-invention world tour including Vogue, Like a Prayer, Into the Groove, Music and Holiday. Get your hands on a copy today!



## Dannii Minogue

Just released into stores, Dannii's new "So Under Pressure" has certainly secured her a place in dance history. Through Central Station Records, it is one you will kick yourself if you don't get it now!

Everything about this guy screams MAJOR TALENT! For someone of his age, he is only going to get better and better - although if you listen to his album, you would not believe he is so young.

Thank you Sony BMG for the invitation and thank you Teddy for sharing your amazing talents with us. Here's hoping he tours soon and releases many more albums in what I believe will be a fabulous career.

## GenerationNext

The next generation in music compilations has arrived. Beat Broker are proud [and rightly so] to release this extraordinary 2 CD set [they are also on tour in August - check local guides for details]. Generation Next is all about taking the usual principles of club nights and releases and turning them on their head.



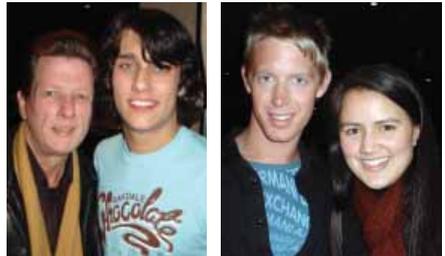
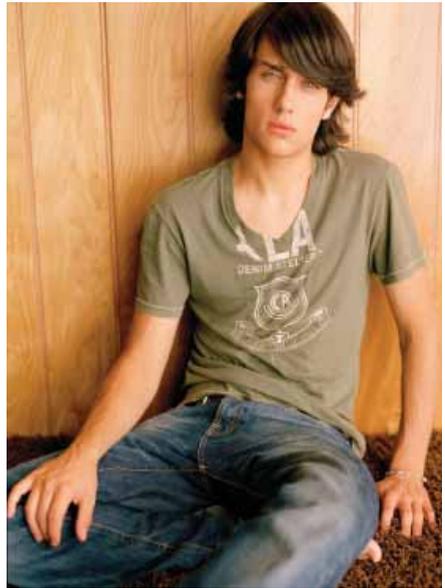
## Teddy Geiger

On a reasonably pleasant evening in June, Manchester Lane was brought to life to the sounds of this amazingly talented young man. On the invitation of Sony BMG, I took Luke along to see and hear this dynamo in action.

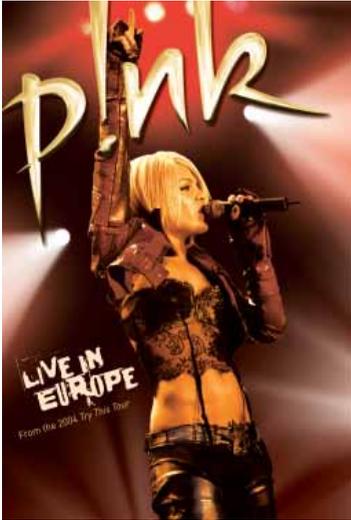
He started his show by playing piano and moved from there to the guitar after the first 3 numbers - this young man is truly talented believe me.

Having just released his new album "underage thinking" - through Sony BMG - Teddy is now well on his way to being a superstar - both here and in his home country of America.

The aspect of his talent that impresses me most is his song-writing - although this is equally matched by his playing and singing.

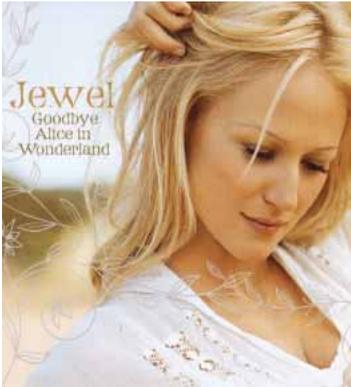


# Q win: FREEBIES OF THE MONTH



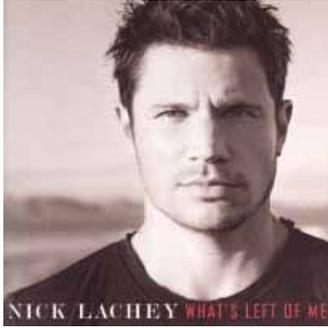
## Sony BMG

The girl herself - Pink - has released through Song BMG a fabulous "not to be missed" DVD recorded live on her European tour - and we have 5 copies for you to win. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "Pink" in the subject line to win.



## Warner Music

A truly beautiful album from an extremely talented artist - Jewel - and again we have 5 for you to win. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "Jewel" in the subject line to win.



## Sony BMG

Nick Lachey's new Album "What's Left of Me" is in all good music retailers now from our friends at Sony BMG, and we have 5 copies for you to compete for. 13 excellent tracks from this very handsome american on one CD. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "Nick" in the subject line to win.



## Comstock Films

Please read the review of this film prior to entering [later in the magazine] - it is X Rated and proof of age will be required from whoever wins this prize - we have 1 copy for you - and it is definitely for adult viewing only. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "Comstock" in the subject line to win.



## Liberation Music

Through the generosity of Myles and the crew at Liberation, we have 5 Moloko "Catalogue" CDs to give away. The album is released Nationally on the 12th of this month. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "Moloko" in the subject line to win.



## 151

Heaven @ 151, Cafe 151, or simply 151 - it all means the same thing: simply the best cafe/restaurant on Commercial Road - the finest service and the best food in one very pleasant licensed GAY environment. Due to the generosity of Kye and Edmond, we have 3 dinners for 2 peeps to give away. Email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with "151" in the subject line to win.

If you would like to donate a prize for our wonderful Q Magazine readers - please contact me. Simply send an email with your phone number, business name, and offer, and I will contact you.

\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

# q cosmetic: with DR. PAUL SPANO



## LEG VEINS ?

Hello faithful Qmagazine readers, happy winter. At this time of the year we aren't exposing our legs that often in public (unless you are a podium dancer) but if you have broken capillaries or prominent veins on your legs that you dont like, winter is the time to get them fixed. We remove leg veins and capillaries by injecting them with Aethoxysclerol, a compound that shuts down these non-usefull veins that your body can do without easily, in fact, diltated veins carry blood very poorly back to the heart and fixing them actually improves your circulation as the blood travels along more efficient routes.

Both legs are treated at the same time and compression stockings are worn for 10 days after, or a small bandage for small areas. YES GUYS, this is your chance to wear stockings under Drs Orders !!!!! (Guys / Gals - it's just ten days and they feel quite good) THIS is why winter is best, those stockings can be very hot in summer!

Each TINY injecton (yes it's just a little "prick") gives a brief sting that is tolerated very well by our patients. Minor small bruises are possible but it's a very easy and safe procedure. Usually 2-3 sessions are needed for severe cases, and one session for little capillaries.



Prices are \$290 for a half hour session, enough time to do all of both legs, and a \$79 medicare rebate applies, stockings are an additional \$65 but can be claimed via private health insurance.

Don't forget the two new hottest treatments around are the Lipo-Dissolve Fat and Cellulite melting injections and High Dose Vitamin C and B infusion drips, great for Detox, recovery or nust energy.

Lots of love and best wishes, Dr Paul.



To contact Dr. Paul regarding questions or comments you may have, please email [drpaul@qmagazine.com.au](mailto:drpaul@qmagazine.com.au)

# q grooming: SHAVING PRODUCTS

The best male grooming regime should involve a daily routine that is simple, effective and uncomplicated. Get back to basics with these essential skincare products to nourish, hydrate and protect skin during and after shaving.



Terra Firma For Men - Anti-Sting Shave Gel - Price \$13.95  
Pay special attention to shaving with this Anti-Sting Shave Gel, which lathers up and lubricates skin, reducing resistance by up to 60 per cent, and allowing for a smoother shave. Natural ingredients like Spearmint Oil and Lemon Oil in this gel help to cleanse, nourish and refresh skin.

Terra Firma For Men - Anti-Sting Soothing After-Shave Skin Balm - Price \$15.95  
An effective and easy-to-use skin balm to soothe and nourish skin after shaving – without stinging. This skin balm contains anti-microbial essential oil properties to help prevent skin irritation, and natural ingredients such as Allantoin and Witch Hazel to help soothe, calm and cool skin.



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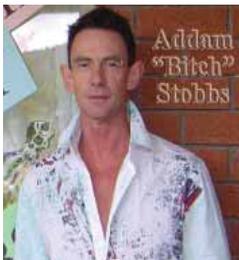
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# q whispers: with ADDAM STOBBS



Attitude: what is it and why do we need it?

Attitude, according to dictionary.com, is: "position of the body or manner of carrying oneself", or, "An arrogant or hostile state of mind or disposition". Oh good.

However when it is translated into the manner most gay and lesbian people (and those people who, unfortunately for them, are heterosexual) conduct themselves when they are having social intercourse in venues, clubs, bars and other locations, it is often more like arrogant self-presumption. The presumption that they (we, or I) are at the centre of the universe and everything else is superfluous.

How often have you been walked into by some dipstick, trying to check their mobile and they have not been watching where they are going, or shove their way to the bar elbowing everyone in the way, whilst almost taking out an eye with the ciggy that stays forever hanging out of the mouth. (Oh, by the way, a ciggy behind the ear is not a good fashion accoutrement). There are WORSE examples of this "attitude": Stupid queens who hang out in the more secluded areas of cruisey clubs, where people come for an intimate tête-à-tête, and they scream their tits off, and those of others; The ones who have endless SMS and ciggy emergencies in SOPVs, requiring them to push everyone out of the way so they can spend 15 minutes fumbling with their phone/fags/make-up in the locker - these are the ones I particularly loathe. To all of the above, you know who you are, get over it and get out of the way.

Some attitude is necessary to display to the world that you have some self-respect (this does not include vulgar filthy-mouthed drag demons). An attitude of self respect would not (you would think) let you stand in a queue to get into some filthy cess-pit whilst being rained on in freezing wind. Attitude and respecting those around you is admirable.

## q says: with NOVA

Drag is a uniquely Australian art form that still manages to captivate, intimidate, validate and cause others to emulate.

It can make a straight man question his sexuality, and a gay man question his reasons for doing it, but still survives in our country as one of the most readily recognisable symbols of gay culture and freedom.



In one night a drag queen can experience each end of the spectrum of reactions: from instant hatred and genuine disgust from the straight boys who happen to be driving past at the wrong time, to the look of unquestioning adoration bordering on hero worship from the gay boy who knows your name but you don't know his.

And after seeing all of these things, at the end of the night a drag queen can take it all off and be one of the boys.....drag allows you to see the world from two distinct vantage points, and allows us to see the best, and the worst of both worlds. Who else can say that?

I have some attitude, and this is because I consider myself to be superior to almost everyone else. I wish I was a bit taller, so I could look down my nose perpetually at the rest of sentient creation, knowing I am better. This is good. It is good for self survival, it is good for self esteem, it's a good basis for developing self control, and basically it says "Bugger reality, I am too good to be wasted on you pigs". If you are one of those who think like I do, let me give a bit of advice from my own existential experience: Keep it to yourself. They never believe you are better than they are.

You're all good, don't believe them when they say you're not, they're jealous. Chin up, eyes down, lips pursed. I love it.

## q joke of the month

A young gay couple are having a few problems with their sex life. On the brink of a separation, the couple decide to do something about their problem before it's too late. They both agree to visit a sex therapist.

During their first visit, the therapist says to the couple, "What problems could such a young active couple like you have in bed". The first boyfriend replies, "Well, you see, it's like this, my boyfriend suffers from premature ejaculation."

The therapist turns to the other boyfriend and says, "I know this may be a touchy subject but in order for me to help you, you need to be totally honest with me. Is this true?"

The husband replies, "Well not exactly doc, he thinks it's a problem, not me".

# q art: with DAVID WESTLAKE

Acquiring knowledge is as important as collecting objects.

I know this may seem contradictory to your ideas of collecting, as without knowledge, you can purchase many beautiful pieces - both real and not so real. Without knowledge though, you will lack the skills not just to judge originality but more importantly to fully appreciate the object. Whether you are displaying, sharing and protecting it for future generations, knowledge is power, and pleasure. Knowledge can be gained from many areas:

Reference books are a great source but they are not cheap. Some can cost as much as the pieces you may wish to purchase. But, being an investment in themselves, they are just as valuable as the knowledge they contain. We cannot afford to purchase all the books we'd like to - some are so rare, money just will not buy them. This is not due to dollar value, but the limited print runs. So, don't forget to check out the old haunts - op shops, second hand book stores, garage sales and online auction sites. Another good information source is auction house catalogues.

Meet people with a similar passion – through collectors clubs for example. Make friends with dealers or form your own club. You might be surprised how many others will have your collecting taste. Through viewing others' pieces, sharing your views will expand your knowledge base. Don't forget the art, antique, and collectible magazines, you can often view them online and at your local library.

OK, knowledge is important for acquiring pieces, but this is not its only benefit. Yes, we want to find the best we can afford and know it's authentic. I honestly believe the knowledge you gain to appreciate the piece, why it was made, for whom, its reasons, who made it and how did it survive so long. An example: a close friend collected art from India and Nepal (both antique and contemporary) but wasn't keen on the 19th C English Staffordshire figures which appeared a lot in Indian antiques stores. On learning how they were a way of people owning and displaying part of their life's current events, she changed her views – she disliked them still but realised their cultural value. This knowledge was gained from talking to a number of dealers and reading many books.

So, what I'm saying is that, to truly appreciate your collection, is to gain knowledge. Collecting is like growing old - you are always surprised by what you can still learn. Knowledge=Empowerment to appreciate and grow your collection K=EAGC



## q exhibition: CRITERION

Pat Brassington

Opening: Thursday 10 August 2006

Closes: Saturday 2 September 2006

Hobart based artist Pat Brassington is a shining star in the contemporary art world. Named as Australia's most notable surrealist artist she has earned an international reputation for her large coloured digital images, which she has been producing since the mid-nineties. Although trained as a photographer Brassington is a maker of images rather than a taker of pictures. In her work she collages, montages and constructs a strange fairy-tale like fantasy that is more nasty than it is macabre, although the nastiness often sits just outside the boundaries of normal, a little too smothering and a little too sharp.

Christopher Langton

Opening: Thursday 7 September 2006

Closes: Saturday 31 September 2006

Christopher Langton likes Pop art and plastic. In fact he has been making shiny, high-glossed sculptural and wall- based works since he was an art student at Victoria College of the Arts in the early nineties. Born in South Africa the Melbourne based artist just loves popular culture and believes that plastic is the perfect polymerisation to capture the currency of the mass consumer culture because it is endlessly flowing, growing and changing. Often quirky or retro in style Langton's work is wonderfully playful, as well as wickedly clever at showing up the ironies of commercialism.



Criterion Gallery - 12 Criterion Street, Central Hobart, Tasmania - Phone (03) 6231 3151

[www.criteriongallery.com.au](http://www.criteriongallery.com.au)

# q beauty: with GEORGE ALEXANDER

Calling All Snow Bunny's

After recently returning from a snowboarding holiday, and about to head off again shortly, I thought it important to impart some advice on how to save your skin from the harshness of high altitude sun exposure and harsh environmental conditions.



When looking at differing environments and their sun reflection rates, the following applies: Grass 2% reflection; Water 30% reflection; Sand 80% reflection; Snow 90% reflection. With a 90% sun reflection rate, the UV exposure from snow skiing or snowboarding can definitely damage and burn even the toughest skin. Add to this equation a high altitude, freezing temperatures and harsh wind, the result is not only a skin that can become highly sensitive, but skin conditions such as dilated or broken capillaries become even more apparent. So how do we protect our skin from dilated capillaries and UV damage? The right skin care protection. Let's have a look at some must have products that are definitely going to help.

## Day Creams:

**Clarins Multi Active Day Cream** (dry & all skin types) helps adjust the temperature of your skin, keeping skin maintained at all times. It has a multi-lamellar structure that ensures your skin is treated for up to 8 hours, no matter what. It has a great texture, has an anti-pollution complex and is ideal for the first signs of ageing and extreme temperatures. RRP \$82.00 50ml

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**Ultraceuticals** makes an amazing **Antioxidant Daily Moisturiser 30+ sunscreen**, it's broad spectrum and protects against all the UV rays that you may encounter. It has a great texture and comes in an invisible and tinted form. The latter is great for those pale snow bunny's, leaving a subtle sun-kissed look to your skin. RRP \$60.00 100ml

**The Anti Cancer Council** has recently launched a very affordable clear zinc sunscreen, which is available from supermarkets. It has a great texture, is 30+ and has a non-whitening zinc base. All of which makes it a true winner. RRP \$8.95 110ml

Add instant protection to any skincare product with **Dermalogica's Solar Defense Booster SPF 30**. This unique, daily-use, broad spectrum sunblock can be used alone or mixed with a favourite moisturiser RRP \$50.00 30ml

**Dermalogica's Solar Shield SPF15** – An easy to use ultra waterproof protection in convenient stick form provides a sunscreen and moisture shield for lips, ears and nose. Provides portable, easy to use protection. RRP \$20.50 8g

## Compensating Creams:

**Dermalogica's Super Rich Repair** is a therapeutic balm that delivers immediate benefits to chronically dry, dehydrated and prematurely-aging skin. RRP \$125.00 50g

**Dermalogica's After Sun Repair**, is a treatment balm that helps repair damage from UV exposure. It contains a blend of homeopathic herbs including Licorice, Mugwort, Lavender, Cucumber, Chamomile and Yucca helps reduce irritation, redness and pain induced by sunburn. RRP \$42.50 100ml

When it comes to protecting your skin during snow activities, your motto should be: fail to prepare, prepare to fail. So make sure you're well prepared this ski season with the right choices and your skin will thank you. See you on the slopes!!



# q movies: DAMON AND HUNTER

Make no mistake - you purchase this film and you will see two guys making love. Please note that I used the phrase "making love" and not just "having sex".



Tony and Peggy Comstock have produced what one reviewer called a pornumentary film - which is fairly accurate. From beginning to end you see these two guys making love with each other. What is different about this film to other stock standard porn films though is the documentary style interview which is conducted with the guys during the first part and right at the end.

The guys go through, step by step, how they met, formed a relationship, started their sexual lives together, to now where they are boyfriends (and have been for quite some time). The introductory dialogue is mixed with scenes of the boys in action and is extremely interesting.

The next part of the film though is the two boys "doing it together" [as the front cover would suggest] but for me, it was a different way of watching porn [and I have watched quite a bit over the years] - by having a background knowledge of how the guys feel about each other and what they think about sex, you have a better understanding of how they are making love.

Don't misunderstand me, it is full on, total sex - and you see everything! Although probably

not for the general porno lover, Damon and Hunter is certainly a visual experience and something I would highly recommend - particularly to those who may be curious or want to learn a little more about Gay sex and love making.

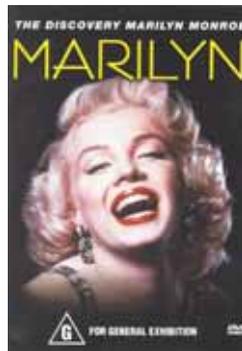
For further titles from the Comstock Films stable go to: [comstockfilms.com](http://comstockfilms.com) Damon and Hunter:Doing It Together will screen at the queerDoc Festival, September 7th to 14th 2006, Sydney. For Australian stockists call Loraine on 0431 206 766.



## HHO MULTIMEDIA

A Gay run subsidiary of HHO in the UK, HHO Multimedia are pleased to announce several titles available in all good CD and DVD stores throughout Australia or go to [www.hhomultimedia.com](http://www.hhomultimedia.com) We look at only two.

The Secret KGB UFO Abduction Files is something I recently caught on late night television and is riveting viewing. Hosted by Sir Roger Moore, it takes the viewer through some interesting theories and unveils some alarming information about the time controlled by the KGB. Espionage, bribery, spies - the lot is highlighted in this documentary - style film. Possibly most famous



for her "happy birthday" rendition to the President of the USA, Marilyn Monroe was, in her day, a true star. A lot of rumour and innuendo surrounds her life, loves, and death - find out the truth about this silver screen siren and pick up a copy of this film.

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# q fashion: with CRAIG MICHAELS



For further information and to enter into the draw for a \$100 gift voucher from First Impressions Count, please email Craig at [fashion@qmagazine.com.au](mailto:fashion@qmagazine.com.au)

## Spring Cleaning is a must for your wardrobe.

This month our readers have sent several questions in to us at Q Fashion about what is happening in Spring / Summer 06/07.

The first question was from Martin: "How can I make my winter wardrobe work for me without spending a lot of money?"

Martin, the best way to do this, is to approach your wardrobe in a couple of stages.

1. Assess what you have been wearing that you liked in Winter and that still works for you.

- Are you able to wear it in Summer or is it definitely Winter clothing? If it is Winter clothing, separate and store these items somewhere else in your wardrobe to create more space until next Winter.

- Then ask yourself, when you last wore the garment, has it been hanging there for several seasons? If the answer is yes (and over a 1 year ago without wearing it), then it is time to send it to your local charity so someone else can enjoy it.

- Keep your classic pieces that you can wear during any season and simply add the highlight colours or prints of Spring / Summer 06/07 to enhance your new look.

If this sounds too hard, then simply call a Fashion Consultant in to clean out your wardrobe and show you how to do this with confidence and ease. Look out 'Carson'.

2. Shane asked us: "Why should I invest in an expensive suit compared to one that you can buy for \$150?"

There are several differences between the price ranges of suits. The key differences are:

- A better fit - as a more expensive suit is designed to be tailored where a less expensive suit is designed to fit 80% of the population who wear suits.

- There is a huge difference in wearing a Poly/Viscose suit (Man Made fabric) compared to a wool or wool blend. The key difference is that a wool suit is cooler to wear and does not become warm compared to a man made fabric.

- However, there still are great suits in the market place that are great value for \$150, we keep a small collection of \$150 suits for guys who do not want to spend a lot of money on a suit. These are still great cuts because we have been careful when we have selected our range.

1. Damon asked us: "What are going to be the main high lights in corporate dressing for 06/07?".

- Damon, men's suits are changing direction with the continued introduction of the new 2 button suit that has been re-invented. The top button now sits higher on your jacket, giving you a cleaner look and does not focus on the stomach as it did before.

- The colours for the season are Chocolates, Charcoals and, for high summer, Bone or Taupe. These colours have been highlighted with either different colour pinstripes or what we classify as self stripe in the fabric. This gives the suit a lift and a more exciting look.

Currently at First Impressions Count we are carrying the Bossini suit designed in London that has these features. The best part about these suits is that they are hand finished with extra detailing and that only 500 are ever made in the one colour and then the fabric is changed.

First impressions Count will be holding a Fashion Parade at Fruits in Suits on the 17th of August at the Botanical Hotel to show the new collection in corporate wear for Spring / Summer 06/07.

We have also organised show bags for the first 150 guests on the night. These will be filled with lots of valuable goodies.

Until next month.

# generation q: with LUKE HUGGARD



To make contact with Luke, send an email to [luke@qmaga-zine.com.au](mailto:luke@qmaga-zine.com.au)

It's a Wonderful Life

If you're a daydreamer like me, then you would surely understand how painful this time of year truly is. As memories of a carefree summer become hazier by the day, and the uneventful atmosphere of winter drags on, escaping to a fictitious world within our imaginations seems only sensible. Actually, focusing hard on work or burying ourselves in a tide of books at Uni would probably be the sensible alternative, yet one can only dream - can't they?

With certain friends leaving for the sunny beaches of Port Douglas, I am attempting to suppress all sensible instincts within me that tell me this is not the time of year for a holiday, so I can join them immediately. After all, one of my New Years resolutions was to make this a year of getaways and as all my other resolutions are sure to remain unfulfilled, it makes sense to be true to at least one of them. And any young, gay person would surely understand that sometimes we need a little getaway in order to re-align our priorities and gain a fresh sense of direction.

As Rowena Wallace articulated at the Michael Masters Fund launch recently, so elegantly hosted by the very handsome Brett Hayhoe, you only need to turn on the television to realise what a mess the world has got itself into. I mean really, you would have thought the sexual revolution of the 60's, the fashion explosion in the 70's, fabulous music of the 80's and IT inventions of the 90's would have created some sense of stability and enlightenment in 2006.

However, there is no need to despair people, as I recently realised how many of us create our own worlds through which we derive happiness and satisfaction, while not totally escaping from reality - our friends - and that joyous feeling that stems from the realisation that those closest to you - who you laugh, learn and love with, share some common understanding of what this crazy world is all about. Whether younger or older,

gay or straight, male or female, inspiration should be attainable from all our friends, as it is certainly from mine. In fact, the "fag hag" (such an ugly term for such a beautiful person) is priceless. Apart from offering you love and support, she is your ticket into a chic hetero sub-scene which not only offers a great night of eye-candy at a hip straight club, but also provides you with a different and refreshing clubbing atmosphere outside the gay clubbing ghetto. More importantly, she is invaluable when it comes to fashion sense, offering an honest and innovative approach to your wardrobe. And of course, a most essential aspect of this special relationship is the ability to bitch about the guy you're dating and discuss dirty details in somewhat of a different light that you can with your fabulous gay friends.

A common interest often binds the closest of friends, for mine it's probably alcohol, yet while conducting a google search on Port Douglas, I actually came across a site that mentioned there was a "Gay and Lesbian Bird Watching" Group that met in the Daintree Rainforest. As thousands of gay athletes converge on Chicago and Montreal, new gay groups from bird watching to wine appreciation emerge, and a new generation continue to participate in areas of life and achieve new goals once off limits to gay people, a little enlightenment doesn't seem so hard to attain now. I suppose it may not be a wonderful world, but it sure is a wonderful life.

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# q travel: THE PREPARATION

Pictures and article by Shek Graham

I had talked about my idea of comparing diving on the two coasts of Australia, and crossing our beautiful and rugged continent by the less traveled routes, to a couple of straight friends in England. They were inspired by the idea, and decided to learn to dive, and then join us on our "Great Adventure". Me and my big mouth!!!! I was inundated with e-mail after e-mail asking me questions about costs, itineraries, the price of eggs and what I'd had for breakfast that morning – and that started 18 months before our scheduled trip!

I worked out the costs involved in buying equipment, a 4WD vehicle, an off-road trailer, and possible resale values. I priced trips to Bali and New Zealand in case they could only get a tourist visa which allowed them three months in Australia



before having to leave the country, so they could travel with us for a further three months. I worked out our approximate mileage (knowing full well that we could never predict our routes and what the weather might do to us, let alone anything else). From that I calculated our approximate fuel costs (yes, when fuel was changing price two or three times a day in Cairns!), and dutifully e-mailed back the information to our friends. Then of course, we were asked about insurance and the medical services in the bush. . . .



By this time, I was beginning to really wonder if I had done the right thing with my impetuous invitation to join us, but I continued to organize the 4WD drive training course and the first aid course. Then came the requests for shopping. "Could we buy Bovril in Australia" (what's wrong with vegemite?); "What was the wine like?" (how dare they????); "Did we have allergen-free soap and shower gel?" (didn't know the Poms use soap!). Then questions about the wild life. . . . would they see kangaroos (yes), crocodiles (probably), spiders (undoubtedly), drop bears (er. . . .).

Next came questions about food. . . . "What would we cook and how?" (road kill fried on the bonnet of the

car!). Good God, we always travel in style – fridge, freezer, camping stove, the works, but I tried scaring them with the fried road kill and stewed camel stories, all to no avail. March came and so did they. . . . armed with bottles of Daddies sauce, jars of Bovril, and cartons of cranberry juice (for her bladder!). I hoped we could get more cranberry juice in remote parts of Australia, or else we would be stopping every five minutes for a pee-break!



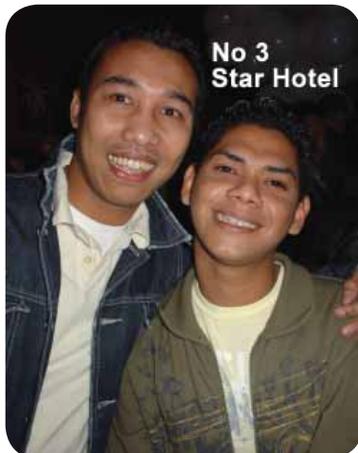
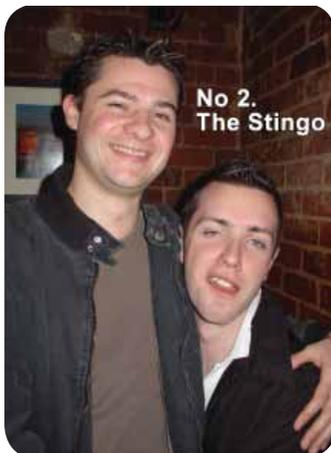
We sent them to do the shopping for the trip. Three weeks of food to last until we reached Alice Springs – they came back with \$500 of groceries – 20 litres of milk, 300 million tins, 17 loaves of bread – where were we going to put all this????? Did I say that we hadn't bought them a trailer, as we thought we wouldn't need it. . . . . bad mistake. Our trailer was packed to the rafters, and still we had more food to pack in somewhere. Perhaps they had taken my jokes about fried roadkill too seriously. . . . do you think? Then there was their cooking – incinerated sausages, blackened onion gravy, and mash. . . . yum, yum, yum. . . . .NOT!!!!



I had a further taste, or should I say smell, of things to come. He had taken up jogging and would come in drenched in sweat and stinking, then parade around without his shirt on, saturating the air with the smell of hairy armpit dripping onto the nice clean floor! It would get even better after a few days of baby wipe baths out bush!!!! Oh, for a couple of Queens on the trip - fragrant armpits, divine cooking and tidy tents – camp campers are wonderful!

# q cuties: OOOH AHHH BABY BABY

Send your entries into cuties@qmagazine.com.au for your chance to be our monthly Q Cutie.



The idea is YOU choose the picture you think has the cutest guy or guys in it and sms 0429 88 QMAG with the corresponding number. The pic with the most votes will win a fabulous prize with the compliments of one of our advertisers and/or the venue in which the pic was taken and Q Magazine. So get your fingers working and vote today!!



Our July 2006 Q Cuties title goes to our cute couple from the Saturday Night Greyhound - St. Kilda. You have won a \$50 drink voucher at Saturday Night Greyhound to share - which can be collected anytime from now by simply identifying yourself to Steve at the door - congratulations.

Conditions: All Qmagazine competitions are open to everyone, except those that specifically state you must be over 18 to enter. Competitions close on the final day of each calendar month with all prizes being drawn at 5pm the following day at Apartment 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of Qmagazine. All monthly Q Cuties winners will appear in the following edition of the publication.

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# q fitness: with CLINT McDONELL

## Can't do it by yourself? You need a personal trainer!

If you're struggling to get the results you're after, or you're just not doing it on your own, hiring a personal trainer can be a step in the right direction. A good trainer can help you set up a program that meets your goals and teach you the best way to exercise. Here's what you should know before you hand over the cash.

## What is a Personal Trainer?

A personal trainer should be, at the least, educated and certified through a reputable fitness organisation. This person's job is to assess your fitness level, set up a program for you and keep you motivated. He or she will push you past your comfort level - something difficult to do on your own. A trainer also provides:

- guidance on reaching your goals
- education about strength training, cardio and basic nutrition
- a reason to show up at the gym each week
- accountability
- ways to help track your progress

## What is a Session Like?

Each session lasts about an hour. Some excellent trainers I know concentrate on half hour sessions after having taught their clients how to warm up and cool down on their own. Good trainers have a plan for each session but can deviate subject to the needs of the individual client, especially if the client is unwell/hungover/sleep deprived and so on. The first meeting is devoted to assessing fitness level, exercise and health history and goals. Be prepared to answer specific questions about your goals. After that, you'll spend most of your time on strength training and cardio.

## What to Look for in a Personal Trainer

- Education: An exercise science or other related degree isn't necessary, but given there are so many cowboys out there, the more education your trainer has, the better your workouts will be. Don't go for someone who doesn't have at least Certificate III & Certificate IV in Fitness
- CPR: your trainer should have an updated certification in CPR and/or first aid. But don't fake a cardiac arrest just to get them to do mouth to mouth on you
- Experience: Make sure your trainer has several years of experience, especially in relation to your goals. For example, if you're gearing up to replace Millie Minogue as the next Drag icon you probably don't want a bodybuilder training you
- Specifics: If you have a specific medical problem, injury or condition (such as being addicted to party drugs, heart problems, diabetes, etc.) make sure your trainer has education in these areas and can work with your doctor
- A good listener: A good trainer will listen closely to what you say and make sure he understands your goals
- Attention: A good trainer will be focused only on you during your sessions
- Tracking progress: A good trainer will regularly assess your progress and change things if necessary.

Personality is important too since you'll be working very closely with this person. Make sure you get along with your trainer and feel comfortable asking questions.

## How to Find a Personal Trainer

One place to look is your local gym. Most gyms have personal trainers on staff and offer attractive packages for personal training. The cost will vary depending on where you live and your trainer's experience and education. Typically, the cost will be anywhere from \$30 to \$100 a session. However by far the best way to find a trainer is to ask Brett for my number!

## Warning Flags

Beware if your trainer does any of the following:

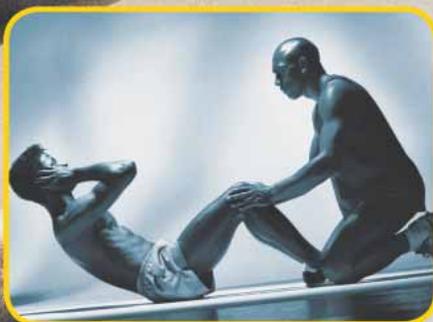
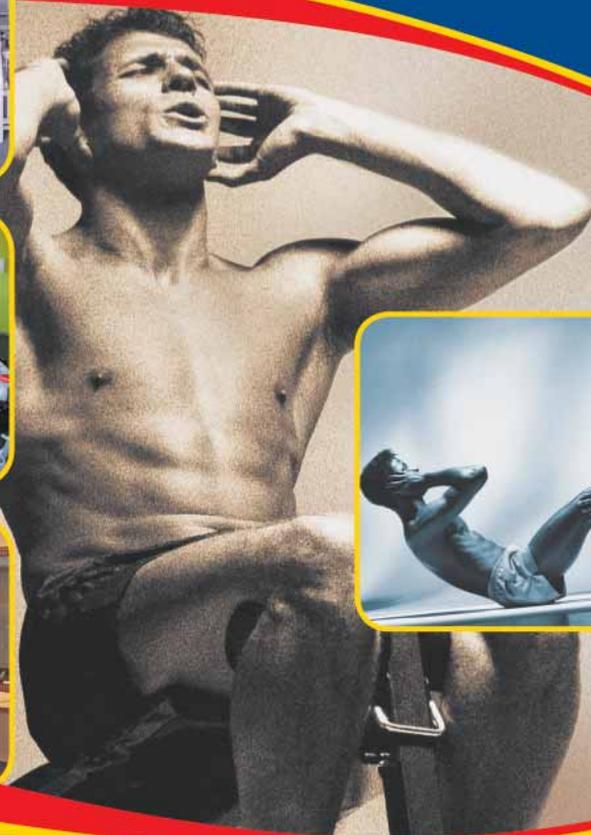
- Ignores or dismisses your questions
- Works you so hard you're in pain for days. Soreness is normal, but you should still be able to get out of bed
- Neglects any part of a complete program or recommends a level of training that's too easy/hard for you
- Recommends questionable supplements or herbs. He's probably making money out of them and very few of them work anyway
- Diagnoses injuries or illnesses instead of referring you to a doctor
- Interrupts your session to take phone calls
- Forgets to show up to your sessions, or double books
- Trains themselves while they're training you. A personal trainer should watch you, correct your alignment, and explain what you're doing and why.

## How to Help Your Trainer

You can help your trainer do a better job by being a good client.

- Save the chit-chat for after your session
- Be prepared by bringing your own towel and a full water bottle
- Give 24 hours notice if you need to cancel or reschedule
- Don't interrupt your trainer when they're with a client
- Recognise that your trainer is there to guide you - but YOU still have to do the work!

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# in bed with: BEN



What comes up is amazing!!!

Over the last few months I have been on the hunt for husband material, during this adventure you'll be amazed at what comes up!

Stuff, stuff and more stuff! My own personal stuff to be precise. Dating can be a mine field when it comes to our own emotions, step on the wrong one and [kaboom] a whole set of emotions can come spewing forth.

What do I mean? I have recently started seeing someone over the last few weeks and we're currently seeing where it takes us. (Crowd applauds and snickers, it's about frickin time!). Although it is very much early days and we're still learning about each other, our personalities and goals, my own personal stuff or baggage if you like, keeps coming up in quiet moments I have alone. And I'm sure I'm not the only one out there that this happens to, (just the stupid one willing to share it).

Thoughts of, "What happens if he cheats on me?", "Is he really that interested?" and the ultimate one, "Am I ready for a relationship?" are all surfacing. Why? You see, this baggage is coming up because of past relationships, past hurt, (past bastard cheating on me) and not because of who I am currently seeing or what I really want in my life. In a weird way these thoughts are not entering my mind to stop me from being happy, on the contrary, they are there to protect me from possible future hurt and disappointment. Past experiences set the tone for our thoughts on future experiences and how we respond to them, especially so in relationships. But we can't change the past I hear you say! Most definitely not but we can change how we think about the past and ultimately how we decide to move forward in future relationships.

If you are like me and having similar kinds of thoughts, "How are the thoughts serving you?" In other words how are they helping you get what you want? In my case it is protection from future hurt, pain or loss however it is at the expense of possibly getting involved in a loving relationship. A pretty high price to pay as far as I'm concerned! Am I going to let it get in the way? No Way! Each thought we have whether negative or positive from an outsiders perspective, always has an underlying good intention. That intention may be to stop you from being hurt physically or emotionally. It's just that the mind has a funny way of protecting us at the best of times.

So if you're having these kinds of thoughts/emotions race around your mind, what do you do to get rid of them or even evolve them into something more positive to ensure you get what you really want?

Become the ultimate observer. Simply observe your thoughts as they come to you. A strange thing happens, as soon as you start to observe them, they slowly loosen their grip so you can open up and move forward safely.

And the boy I'm interested in? Well let's just say that's between me and him!!! Until next time...

## q performance: 7 FINGERS

After years of performing in the world's fifti nest circuses (including Cirque de Soleil and Cirque Eloize), seven circus artists, simultaneously actors, dancers, singers, musicians, directors, writers and choreographers pooled their talents to form The 7 Fingers. This unique, French-Canadian circus show is funny, poetic, wacky and outrageous. It combines state-of-the-art circus skills, dance, theatre, multi-media projection and Montreal's famous DJ Pocket live on stage. Described as the next generation of circus, The 7 Fingers will allow you to escape from reality, let go of your inhibitions and get swept up in what is an arresting visual and aural landscape that both meets and subverts your expectation of the modern circus. Based in a loft, seven zany friends are confined to a single space. They entertain themselves by employing everyday objects – apples, shoes, bathtubs, fifti ashlights, knives, lampshades and even a Barbie doll – to breakup the monotony of their daily lives, in what is an energetic, inspiring and hilarious show.



# q wine: with PETE DILLON



Just like a bear almost done with hibernation, time for me to start thinking Spring. And Spring brings me almost full circle to some of the best Aussie fizz about to assault us through the season of clippety clops and women getting plastered in really bad frocks – as well as a few drag queens I know. Not that they need Spring for that! So, in a departure for me, let's look at some very well priced and quite palatable bubbly that we can be throwing down the screech this spring.

If I start with my usual zest, I would look no further than Orlando's Trilogy bubbles. This is an elegant drop, and is a blend of pinot noir, chardonnay and pinot meunier grapes. This makes it much easier to swill – oops I mean drink, and is something that won't be frowned upon when you arrive at drinks with a bottle or two under the arm. Like a really good drop, it is elegance and finesse in a bottle. This non vintage is actually a gold medal winner for its class, and like me, has a lot of class. Buy it for between \$12-\$14 a bottle at any reputable seller of fine plonk. Then there is Omni – Like me, the Omni brand is modern, distinctive, fun, stylish, independent, outgoing and individual, it's just a little bit different. Omni is the Latin word for "all or everywhere". That makes it a perfect name for a sparkling wine with universal appeal. The fresh lively character and soft full flavours of Omni are ideal for all occasions. Omni Sparkling White has a lifted fruit bouquet and a rich flavoursome palate, while retaining elegance of structure. A soft creamy palate with lingering flavour balanced with a clean acid finish. All sounds very tempting for those of use that like a bit of fruit, and a soft creamy palate!! Again, at anywhere between \$8-\$14 a bottle, you will want to help yourself to more.

And finally, for those into a bit of celebrity marketing, there is Greg Norman Estates NV Sparkling. I almost fell off the chair when this was suggested. I don't like Mr. Norman at the best of times and when I was told to try it, I had to gulp with embarrassment, BUT, I had to eat some humble pie (thanks goodness it was not muff pie but that's another column entirely). This is a very well made sparkler showing toasted yeasty notes and a creamy texture. The wine is a blend of classic champagne grapes 57% Chardonnay and 43% Pinot Noir displaying apple cider, ripe pear and pineapple notes. It is great value at \$13 for something that carries a golfer's name but there you go. So get some fizz in your cellar and prepare for some spring in your step this spring...Happy swilling.

For more information on this or anything in Q Wine, please email [wine@qmagazine.com.au](mailto:wine@qmagazine.com.au) or phone 0409142365

# q style: with PERI BEDLINEN

Let nature nurture a good night's sleep - [www.peri.com.au](http://www.peri.com.au)

The new Patina Collection by Peri finest and most luxurious fabrics fibres of nature. This collection and techniques to harness the nature's fibres. The result is the that looks and feels luxurious, pampered.... "just as you

Two exquisite designs in this their unique construction are - made from 60% Bamboo and nurturing features of Bamboo to breathe free, and allows for ventilation. Not only is Bamboo not require the use of pesticides and because Bamboo is a fast-to grow it is a naturally renewable of pure cotton and bamboo fibres class quality, and durability while look and feel. So be prepared comfort!"



features bedlinen made from the with an emphasis on the nurturing takes advantage of new methods inherent goodness of some of creation of exquisite bedlinen Peri will make you feel elegantly deserve".

collection worth highlighting for Eco Bamboo & Spa Bamboo 40% Cotton. The wonderfully fibres give your skin a chance superior moisture absorption and fibre 100% biodegradable, it does and so is environmentally friendly; growing crop, requiring less water resource. The combined properties mean that the material boosts first-achieving an incredibly luxurious to be "Peri'd in nature's luxurious

The Patina Collection includes five new designs complimented by a new Highlights sheet set that has an exciting colour palette that coordinates back to each design. Peri has uniquely interpreted the meaning of 'bedroom bliss' by creating an unsurpassed luxury through the combination of 100% natural fibres, innovative techniques, fascinating attention to detail and pure elegance in styling.

# Q money: with COLIN PAULL

Individual tax returns here to stay

Clients concerned about being able to continue to claim deductions and receive healthy refunds often ask if salary and wage returns are likely to be abolished. This report of a radio interview with the Prime Minister will be a welcome relief to many. In an interview on the 19th of April with Alan Jones on Radio 2GB, the PM threw his weight behind keeping individual tax returns.

In that interview the Prime Minister stated that: "I . . . made some inquiries about this issue of not having tax returns and I have been informed that there was quite a lot of research carried out on this and it indicated that a surprisingly large number of people like the idea of putting in their own returns. People like getting a cheque from the Government. They like that cheque, that Reserve Bank cheque made out in their favour giving them a tax refund and a lot of people I talk to say, 'I get my tax return done by a tax agent, it doesn't cost an enormous amount and he makes sure that I get all of the deductions that I am entitled to and if I didn't have it done by him then I wouldn't get as much back.'

The Government's proposed changes to Superannuation

The Government is inviting comments on its simpler superannuation proposal. Under the proposed plan, from 1 July 2007:

- Superannuation benefits paid from a taxed fund either as a lump sum or as an income stream such as a pension would be tax free for people aged 60 and over.
- Benefits paid from an untaxed scheme (mainly affecting public servants) would still be taxed, although at a lower rate than they are now for people aged 60 and over.
- Reasonable Benefits Limits (RBLs) would be abolished.
- There would be no forced payment of superannuation benefits.
- Age-based restrictions limiting tax deductible superannuation contributions would be replaced with a streamlined set of rules.
- The self-employed would be able to claim a full deduction for their superannuation contributions as well as being eligible for the Government co-contribution for their after-tax contributions.
- The ability to make deductible superannuation contributions would be extended up to age 75.
- People would still be able to access superannuation benefits before the age of 60, although they would continue to be taxed on their benefits under new simplified rules.
- A contribution limit of \$50,000 is to be introduced. However, a transitional deduction of \$100,000 is proposed for those aged 50 and over on 1 July 2007.

Low Income Tax Offset

As of July 01 this year, the low income tax offset increased from \$235 to \$600 per year. In addition, the income threshold at which the offset begins to reduce increased from \$21,600 to \$25,000. As a result, the income limit up to which some offset can be claimed increased from \$27,475 to \$40,000. Adults are now able to earn \$10,000 tax-free and minors can earn \$1,325 of non-exempted income tax-free.

For further information please email  
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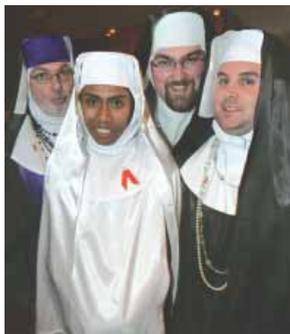


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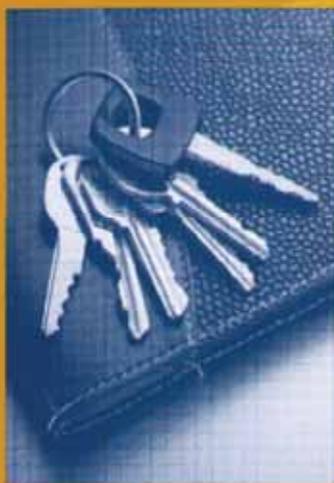
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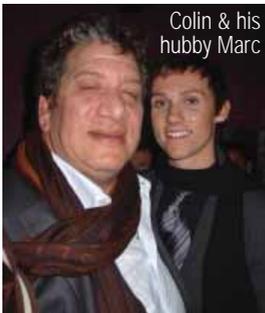
# out in: MELBOURNE

what's been on around town

Commercial Hotel



Colin & his  
hubby Marc



Elle Forest  
in Sydney



Priscilla & Miss Candee



Wet on Wellington Under 30's Night



DIVA Bar

DIVA Bar



Greyhound



The Stingo



The Stingo

The Stingo



Katie Underwood  
does the Market



Greyhound

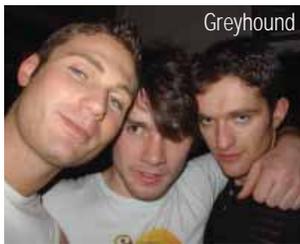


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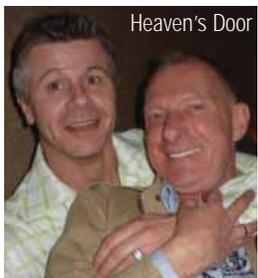
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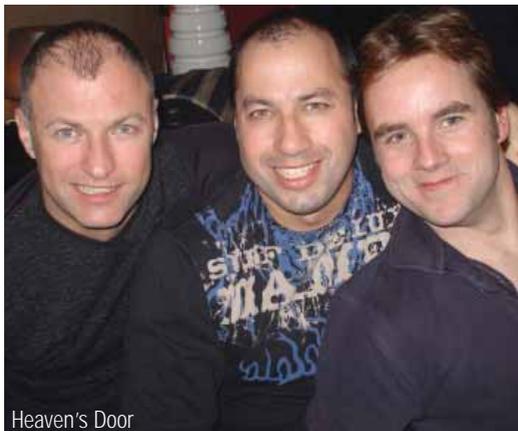
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# out in: MELBOURNE

what's been on around town



Wet on Wellington Under 30's Night



Pink



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Wet on Wellington Under 30's Night



Pink



Peel



Mitch & Miss Candee



Priscilla does Pink

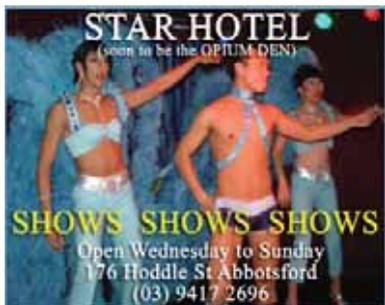


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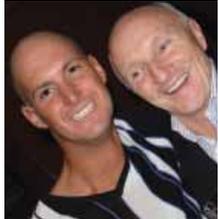
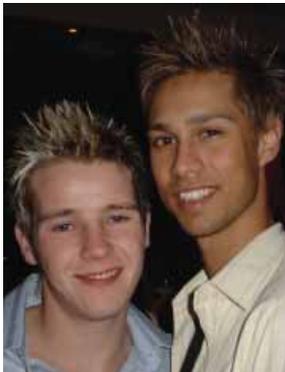
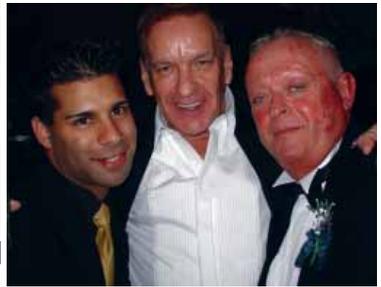


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# out loud and proud: WEDDING SPECIAL



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# q focus: GAY LIFESTYLE



It is a myth that all poofs live in inner-city Melbourne. I found clear proof of this after a recent visit to picturesque Patterson Lakes and the homes of two such men - Mitch and his long-term partner Anthony [14 years this month] and Pookie. Their respective places are, as you can see, quite different, but these guys live and work in the area - comfortably, without the necessity of ready access to Commercial Road, Chapel Street, Collins Street, or Collingwood.



Backing on to the man-made canals, **Mitch's Mansion** is lavish but very welcoming and comfortable. Three of the five bedrooms are allocated to office space, whilst the other two are stunningly appointed and highlight his love for stuffed animals and statues. The three living / lounge areas boast big screen televisions and plush furniture - while the dining area [including another living area] features an old piano which I have had the pleasure of playing on, and singing at, with Anthony. The garage is amply occupied with 2 sized Mercedes Benz vehicles and the pool [heated of course] is overlooked by a magnificent balcony for those hot summer days and the occasional site-seeing. The kitchen [not shown] is gorgeous granite and silver appliances - although neither guy does any cooking - preferring to dine at Waves in Frankston instead [which is only sensible really]. A truly magnificent abode fit for a King or, as this case may be, two fabulous Queens [who happen to also be two of my dearest friends]. The property is kept constantly safe with electric gates and a state-of-the-art security system.



Pookie is a quiet unassuming man - but camp as tits - and his residence displays this in abundance. **Pookie's Palace** is filled with more cushions than one bottom could ever occupy in a lifetime. Pookie's retro-style home is neat and spotless - right down to the "parking mat" he bought for his beloved environmentally-friendly motorbike. The gardens are adorned with lovely springtime blooms [which is why it is looking a tad bare at the moment]. A truly quaint old residence that is filled with lots of comfy furniture, a camp loo, crystal, and a fairly major extension planned for the near future.



Thank you guys!

*Saturday 16th September*

*Dj Alex Taylor (sydney)*

*Dj Chip (sydney)*

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# q culture: THEATRE & THE ARTS



## Andrew Threlfall and Nigel Ubrhien in EATING THE APPLE

Money, sex and power ... some people have it all. What if you're not one of them? Andrew Threlfall (BOYBAND, Soft Centres, Sydney Theatre Co All Stars) and Musical Director Nigel Ubrhien (Friends of Barbra, STC Wharf Revue) take a musical look at risk, loss and just how far people will go to get what they want. Sometimes dark, sometimes very funny, EATING THE APPLE is Faust meets Family Feud – with a little help from Sondheim, Kylie Minogue – and a certain serpent. Dates / times: Thursday 10 August – Sunday 13 August, all shows at 9.00 pm Tickets: \$25; \$20 concession-holders and for group bookings of eight or more Duration: One hour approx

## Hilary Henshaw in MUSICAL MEMOIRS OF A TEN POUND POM

A funny, nostalgic, poignant, musical romp through an amazing journey that began in 1964 when Hilary Henshaw, an English 12-year-old, set sail on the "SS Canberra" bound for a new life in Australia and a new dream. All for ten pounds! Now very much a proud Australian, Hilary invites you to relive a time when more than a million excited Britons came to this wonderful land of opportunity. Hilary's performing career began a few months after her arrival, during the early days of television, and has since included working with major theatrical organisations around Australia, in musical theatre, Operetta ... and cabaret! Dates / times: Sunday 13 August at 4.00 pm Tickets: \$25; \$20 concession-holders and for group bookings of eight or more Duration: One hour 35 minutes approx, plus intermission



## Rosie Beaumont in DRESSED TO KILL

Cynthia is tragic – tragically misunderstood! MISDIAGNOSED by her exclusive New York therapist, MISSING from the pages of New York's most stylish fashion magazines – where her lime green floral overalls and matching fluff fluff just can't seem to get an airing – and MISJUDGED as the person responsible for her best buddy's disappearance. Come on a martini drenched, blues laden romp through New York's most stylish waiting rooms and elevators, and find out what really happened to best buddy Norma. Dates / times: Thursday 17 August – Sunday 20 August, all shows at 7.00 pm Tickets: \$20 Duration: 40 minutes approx

## Missfit and the Dandy Nongs in SHOW YOURSELF!

The irrepresible, iridescent and totally irresistible Missfit returns to Melbourne in a dazzling account of how she has become the undeniable, almost famous icon she is today! Joined by the dancing Dandy Nongs, Missfit will confront, titillate and pleasure all that enter the realm of SHOW YOURSELF! Missfit holds a mirror to her audience and asks the question 'are you happy with your make-up?' A tribute to individualism and self-expression, SHOW YOURSELF! is more than a show ... it's a happening! Dates / times: Thursday 17 August – Sunday 27 August (performances Thurs to Sun) all shows at 9.00 pm Tickets: \$25 / \$20 concession-holders and for group bookings of eight or more Preview: Wednesday 16 August at 9.00 pm (all preview tickets \$15) Duration: 70 minutes approx



## THE TICKLE CLUB

Comedy group "The Six" who brought their cult comedy room The Wrong Night to Melbourne audiences present their new variety night THE TICKLE CLUB. Guest acts perform kooky characters, dark cabaret and vaudevillian vignettes in an evening sure to tickle your fancy. Dates / times: Wednesday 23 August at 8.00 pm (second last Wednesday every month) Tickets: \$20; \$15 concession-holders and for group bookings of eight or more Duration: One hour approx



## THE BUTTERFLY GLEE CLUB

Forget yoga. Forget All-bran. Forget colonic irrigation. If you really want to do something that makes you feel good inside – just SING. And what better place to sing out than at THE BUTTERFLY GLEE CLUB, the hippest sing-along choir in town. Come along and sing as loudly or softly as you like – there are no solos and no karaoke microphones – just a big ol' group



sing. The Butterfly Glee Club is conducted by the gorgeous and talented Vicky Jacobs (Green Room Award Nominee for Musical Direction) who never tells anyone off and lets all singers drink as much wine during rehearsal as they like. Come along and "sing for the teacher who told you that you couldn't sing"! Dates / times: Every Wednesday at 6.30 pm Tickets: \$7 Bookings: Telephone 0419 547 740 Duration: One hour approx

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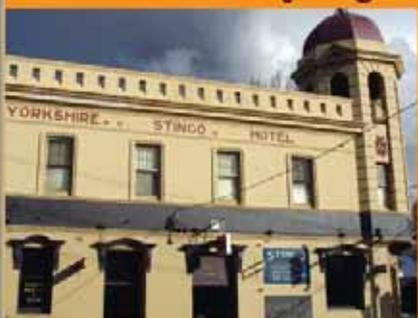
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